



# City of Tempe Special Olympics

## SPRING SPORTS, FEB 2015—MAY 2015

Youth (8 yrs+) and adults with intellectual/developmental disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals! Each sport is offered during an 8 - 12 week season. Athletes practice on a weekly basis in preparation for area, regional and/or state competitions hosted by Special Olympics Arizona. For more information about the City of Tempe's Special Olympics programs, please contact Josh Bell, Adapted Recreation Coordinator, or Cristi Lynn Scobee, Special Olympics Program Coordinator, or visit our website at [www.tempe.gov/adaptedrecreation](http://www.tempe.gov/adaptedrecreation).

### What do I need to do to participate in Special Olympics Arizona through City of Tempe Adapted Recreation?

- Officially register through the City of Tempe's registration process and pay the administration fee, which can be done one of three ways:
  - Register online at [www.tempe.gov/brochure](http://www.tempe.gov/brochure) (and use the registration code listed for the specific sport).
  - Mail registration to: City of Tempe Adapted Recreation, Recreation Services Office, 3500 S. Rural Rd., Tempe, AZ 85282.
  - Register in person at a City facility that process registrations, such as the Recreation Services Office (2nd floor of Tempe Public Library), Pyle Center, Edna Vihel Center or Kiwanis Recreation Center.
- In order to compete in an officially sanctioned Special Olympics Arizona competition, an athlete must be officially registered with a delegation (City of Tempe) and must have current SOAZ medical and consent forms on file with that delegation by the designated deadline. The medical and consent forms must be filled out and signed by a parent/guardian/athlete, as well as be signed by a medical examiner and is good for three years.
  - This form is available for download from our website at [www.tempe.gov/adaptedrecreation](http://www.tempe.gov/adaptedrecreation) under the SOAZ section. You may contact Josh Bell directly if you need the form sent to you.
  - Any athletes who do not have current medical and consent forms on file by the deadline will not be eligible to participate in area, regional or state competitions. Athletes are still welcome to participate in our weekly practices.
- What if the athlete just wants to come out and participate in the weekly practices but not compete? That's not a problem! Those individuals still need to go through the official registration process, but they do not need to participate in area, regional or state competitions, nor do they need a current medical. They can come out and enjoy the weekly practices! If this is the preference, please notify us either before the season starts or at the first practice.

### Scholarship Information

- Team Asa is a non-profit organization that provides financial support for children and adults with physical and/or developmental disabilities, enabling them to join clubs, organizations and leagues that foster a sense of self, a sense of team, and an extended family. Scholarships are available to aide in covering the cost of registration fees, uniforms, or medicals. Contact Josh Bell if you are looking for financial assistance or would like more information.

Listed below are the sports offered by City of Tempe Adapted Recreation throughout the year:

#### Fall Sports, August 2015 - November 2015



Aquatics



Bowling



Golf

#### Winter Sports, November 2015 - February 2016



Basketball



Cheerleading



Speed Skating

#### Spring Sports, February 2015 - May 2015



Kayaking



Powerlifting



Track & Field



Volleyball

City of Tempe Adapted Recreation • 3500 S. Rural Rd., Tempe, AZ 85282 • [www.tempe.gov/adaptedrecreation](http://www.tempe.gov/adaptedrecreation)  
Josh Bell, Recreation Coordinator • [josh\\_bell@tempe.gov](mailto:josh_bell@tempe.gov) • Ph: 480.858.2469 • Fax: 480.350.5058  
Cristi Lynn Scobee, Special Olympics Program Coordinator • [cristina\\_scobee@tempe.gov](mailto:cristina_scobee@tempe.gov) • Ph: 480.350.5506



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**\*\*City of Tempe staff: please forward processed registrations to Adapted Recreation\*\***

**Please check which sports to be registered into:**

☐ Kayaking\*\* (reg. code: 43125, reg. fee: \$10)

*\*\* required test 2/27 for athletes who have not passed water safety test.*

☐ Powerlifting (reg. code: 43120, reg. fee: \$10)

☐ Track and Field\*\* (reg. code: 43123, reg. fee: \$10)

*\*\*please designate up to 3 track events to compete in → → →*

☐ Volleyball (reg. code: 43124, reg. fee: \$10)

☐ Requesting Team Asa scholarship (see below)

**Please circle shirt/jersey size:**

Adult: S M L XL 2XL 3XL Youth: S M L

**Track & Field** athletes designate up to two individuals events to compete in. A third relay event is optional.

1.) \_\_\_\_\_

2.) \_\_\_\_\_

3.) \_\_\_\_\_

Participant Last Name	Participant First Name	MI	DOB
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Street Address	Apartment/Unit No.	City	Zip Code
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Phone (evening)	(work)	(cell)
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E-mail address (e-mail address will be used for City of Tempe Special Olympics and Adapted Recreation-related updates only)

Parent/Guardian name	Phone
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Emergency contact name	Phone	Relationship
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### Payment and Scholarship Information

- Team Asa is a non-profit organization that provides financial support for children and adults with physical and/or developmental disabilities, enabling them to join clubs, organizations and leagues that foster a sense of self, a sense of team, and an extended family. Scholarships are available to aide in covering the cost of fees. Please contact Josh Bell for more information.
- Check, cash, or credit card payment accepted.
- If paying by check, please make check out to City of Tempe. If paying by credit card, please register online at [www.tempe.gov/brochure](http://www.tempe.gov/brochure) or register in person at a City of Tempe Recreation Facility.

### Waiver of Liability

- With knowledge and appreciation of the risk of injury, I wish to participate in this Class/Activity. I agree to assume the risk of personal injury while participating.
- I understand the City of Tempe does not carry accident, sickness, or medical insurance for participants.
- I understand that all reasonable efforts will be extended to insure my health and safety.
- If the Class/Activity includes any physical exertion, I agree to perform the exercise at my own ability level.
- I fully understand the nature of this Class/Activity, and I waive and release and hold harmless the City of Tempe and any of its agents, employees, officers, council members, and sponsors for any and all rights and claims for damages or costs I may have against the City of Tempe, its agents, employees, officers, council members, and sponsors for personal injury, death, or property damage suffered by me, or that I may cause to others, as a result of my participation in this Class/Activity.
- I agree, without any right of payment or of editing, to the use of images of me and/or my children, including reproductions of photos, video, film, audio or other reproductions, by the City of Tempe for dissemination in all types of media for public relations purposes.
- I agree to look to my private physician for medical advice and care and to notify my teacher or instructor of any physical limitations I might have or modifications I might need to the Class/Activity. I will require the following accommodation to participate:

I have read and clearly understand the above statements. I realize this is a contract between myself and the City of Tempe and is a release of Liability. I sign it of my own free will.

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian if participant is under age of 18

City of Tempe Adapted Recreation ■ 3500 S. Rural Rd., Tempe, AZ 85282 ■ [www.tempe.gov/adaptedrecreation](http://www.tempe.gov/adaptedrecreation)

Josh Bell, Recreation Coordinator ■ [josh\\_bell@tempe.gov](mailto:josh_bell@tempe.gov) ■ Ph: 480.858.2469 ■ TDD: 480.350.5050



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**Please note:** an area competition for volleyball is tentatively scheduled for Saturday, April 11. This date coincides with the second day of the track and field competition. Athletes will need to choose between the two events for the competition. At the state competition on April 30, May 1 and May 2, track events are spread out over the course of the three days. Track athletes who also participate in another sport may need to choose between conflicting sports due to their track events taking place at the same time as another sport. More information will be provided during the season as it is made available.

### Special Olympics Track and Field

Athletes of all ability levels can compete in a variety of individual and team-based events. Note: athletes can choose up to two individual events to compete in. The list is available below. Please note selected events on the registration form. Athletes are allowed to choose an optional third event, but it must be a relay.

**Practices:** Thursdays, 5:30-7pm, February 19-April 23\*\* (\*\*no practice March 12).

**Where:** Marcos de Niza High School track and field area, 6000 S. Lakeshore Dr., Tempe.

**Who:** Ages 8 years and older.

**Administration Fee:** \$10.00

**Registration Code:** 43123

**Medical & Consent deadline:** Wednesday, March 4

**Registration deadline:** Thursday, February 26

**Competition dates:** **Area:** Friday & Saturday, April 10 & 11; **State:** Thursday, Friday & Saturday, April 30, May 1 & 2.

**Equipment needs:** Athletes should wear comfortable athletic clothing. Tempe shirts will be provided to be worn at competitions.

Run Events	Walk Events	Throwing Events	Wheelchair Events
25M Dash	25M Walk	Shotput	10M Wheelchair Race
50M Dash	100M Walk	Softball Throw	25M Wheelchair Race
100M Dash	400M Walk	Tennis Ball Throw	30M Wheelchair Slalom
200M Dash	800M Walk	TurboJav 300g (Female)	30M Motorized Wheelchair Slalom
400M Dash	1500M Walk	TurboJav 400g (Male)	50M Motorized Wheelchair Slalom
800M Dash			100M Wheelchair Race
1500M Dash			
Assisted Events	Traditional Relay Events	Unified Events	Other Events
10M Assisted Walk	4x100M Relay	2x50M Relay	Pentathlon
25M Assisted Walk		4x100M Relay	Running Long Jump
			Standing Long Jump

— More Special Olympics sports on the other side —



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### Special Olympics Kayaking

Kayakers, new and experienced, will focus on learning basic and advanced paddling strokes and techniques. Kayakers can participate in individual kayaks and/or as doubles (Traditional or Unified).

**Mandatory Kayaking Test:** As a requirement for participating in City of Tempe Special Olympics kayaking, each athlete must successfully pass a water safety test. **A passing test means the athlete will not need to be tested again for three years.** The water safety test is implemented for the safety of all participants in the kayaking program. It's very important to attend this testing. Each athlete should wear a swimsuit/water clothes and bring a towel. All other equipment will be provided. For more information please contact Josh Bell. The **mandatory** water safety test for all athletes participating in kayaking will be on Friday, February 27, 5pm—6:30pm, at Kiwanis Recreation Center Pool, 6111 S. All-America Way, Tempe 85283.

**Practices:** Tuesdays, 5pm-6:30pm, March 3-April 28.

**Where:** Tempe Town Lake Marina, 550 E. Tempe Town Lake, Tempe.

**Who:** Ages 8 years and older. **Maximum of 16 athletes can be registered.**

**Administration Fee:** \$10.00

**Registration Code:** 43125

**Medical & Consent deadline:** Tuesday, March 3

**Registration deadline:** Friday, February 27 (date of test)

**Competition dates:** State competition is tentatively scheduled for Friday, May 1.

**Equipment needs:** Athletes should wear comfortable, waterproof athletic clothing. Sunscreen and sun protection gear recommended when weather is warmer. Water appropriate shoes (no Crocks, flip flops, etc.)

### Special Olympics Volleyball

Practices will focus on athletes learning the fundamental skills of volleyball and participating in practice game settings. Athletes both new and experienced with the sport are welcome to participate.

**Practices:** Saturdays, 3:30pm-5:30pm, March 7-April 25

**Where:** Aspire Volleyball Gym, 8350 S. Kyrene Rd. #107, Tempe 85284.

**Who:** Ages 8 years and older.

**Administration Fee:** \$10.00

**Registration Code:** 43124

**Medical & Consent deadline:** Saturday, March 7

**Registration deadline:** Saturday, March 7

**Competition dates:** **Area:** Saturday, April 11; **State:** Friday, May 1 or Saturday, May 2.

**Equipment needs:** It's recommended that athletes have knee pads when participating in volleyball.

### Special Olympics Powerlifting

In powerlifting, athletes will participate in a workout regiment to build strength and train to compete in the deadlift and bench press events.

**Practices:** Saturdays, 1pm-2:30pm, February 28-April 25

**Where:** Performance One, 916 E. Baseline Rd. Suite 130, Mesa, 85204.

**Who:** Ages 16 years and older.

**Administration Fee:** \$10.00

**Registration Code:** 43120

**Medical & Consent deadline:** Saturday, March 7

**Registration deadline:** Saturday, March 7

**Competition dates:** **State:** Friday, May 1 or Saturday, May 2.

**Equipment needs:** Athletes should wear comfortable athletic clothing. Tempe shirts will be provided to be worn at the competition.

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